

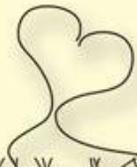


Two Spirits, One Heart

***A Mother, Her Transgender Son,
and Their Journey to Love and
Acceptance***

**By MARSHA AIZUMI with
AIDEN AIZUMI**

Two Spirits, One Heart



*A Mother, Her Transgender Son,
and Their Journey to Love and Acceptance*

Marsha Aizumi
with Aiden Aizumi

In *Two Spirits, One Heart*, Marsha Aizumi shares her compelling story of parenting a young woman who came out as a lesbian, then transitioned to male. This inspiring memoir chronicles Marsha's personal journey from fear, shame, and sadness to eventual unconditional love, acceptance, and support of her child who struggled to reconcile his gender identity. Told with honesty and warmth, this book is a must-read for parents and loved ones of LGBTQ individuals everywhere.

About Marsha



Marsha is an educator, national speaker and advocate for the LGBTQ community, a cause she embraced due in large part to the harassment and bullying her son experienced throughout high school. Marsha serves on the PFLAG National Board of Directors, a support, education and advocacy organization for LGBTQ individuals, their families and allies. In this role, she hopes to change school culture to be more accepting of all students, as well as bring greater resources to the Asian Pacific Islander (API) and transgender communities. She is co-founder of the first and only PFLAG chapter for API families. Her work has been recognized by Congresswoman Judy Chu as Community Activist of 2014 and Logo TV's Trailblazing Parent of 2015.

About Aiden



Aiden Takeo Aizumi was born in Japan, on May 24, 1988. Adopted by Tad and Marsha Aizumi, he lived as his assigned sex a birth (female) for the first twenty years of his life. Coming out as a lesbian in high school, he experienced bullying and harassment almost daily. Unable to attend school, Aiden barely finished high school. After coming out as transgender and transitioning, Aiden blossomed into a committed activist. In 2010, he was honored with the Paul A. Anderson Youth Leadership Award by the National LGBTQ Task Force. He has served on the Trevor Project Youth Advisory Council and is currently serving on the PFLAG National Transgender and Gender Non-Conforming Advisory Council.

Endorsements



“This is Aiden Aizumi...Marsha shared her journey from fear and uncertainty to acceptance, support, and unconditional love of Aiden and he reconciled his gender identity...I recommend their co-written memoir *Two Spirits, One Heart*.”

— **George Takei**

"Marsha and Aiden's moving story of confronting and overcoming fear – and of the love and deeper bond that emerge between a mother and her son because of that profound journey – shows how all families can accept each other's humanity. I was deeply inspired by the honesty, awareness, and healing found in these pages."

— **Rea Carey, Executive Director, National LGBTQ Task Force**

“*Two Spirits, One Heart* is a beautiful story of love, discovery, and acceptance from a courageous and dedicated mother.”

— **Steven Krantz, Director, PFLAG, Southern Pacific Region and National Board Member**

“I wish this were required reading for every parent as it is a roadmap to acceptance, compassion, and unconditional love for one’s child no matter who or what they turn out to be.”

— **Michael Ferrera, Director of LifeWorks at the L.A. LGBT Center**

“A must read for any loving parent who is struggling with the gender identity or sexual orientation of their own child.”

— **Darrin Wilstead, Mentoring & Alumni Program Director, Point Foundation**

Endorsements

"*Two Spirits, One Heart* is an honest and open look into a mother's heart and mind on the journey with her child's transition from female to male. Marsha and Aiden's story is one of struggle, compassion, and the real meaning of unconditional love."

— **Terry Stone, Executive Director, Centerlink: The Community of LGBT Centers**

"Her story poignantly illustrates the spiritual wisdom that beyond the labels "lesbian," "FTM," and "Asian" lies a child that longs for the unconditional love of a mother."

— **Rev. Dr. Jonipher Kwong, Pastor of First Unitarian Church of Honolulu, HI**

"Marsha Aizumi's *Two Spirits, One Heart* is a moving memoir of facing one's fears while traveling down unknown, fearsome paths...Each of us can enrich our lives by learning about this remarkable story of courage, fear, and understanding. This author's eloquence allowed us to share in her great adventure by walking in her shoes with her son, Aiden. You will experience, as we did, her triumphs and tears."

— **Harold and Ellen Kameya, Founders, L.A. Asian Pacific Islander PFLAG**

"As a physician, I was so deeply moved by Aiden's "coming out" letter to his family and friends that I asked his permission to share it with another patient unable to express himself so elegantly. . .This is an inspirational book that should be mandatory reading for all high school, college, and medical students."

— **M. Kathleen Jones, M.D. Internal Medicine, Arcadia, CA**



Logo Trailblazer 2015

<http://www.logotv.com/video/misc/1215505/2015-trailblazer-honors-trailblazing-parent-marsha-aizumi.jhtml#id=1736620>

Time to Thrive 2016

<https://www.youtube.com/watch?v=-GHW7wg6OTk&feature=youtu.be>

Huffington Post – Until I See Skyler Again...

<http://www.huffingtonpost.com/marsha-aizumi/until-i-see-skyler-again- b 8484752.html>

Huffington Post – A Mother's Love Redefined

<http://www.huffingtonpost.com/marsha-aizumi/a-mothers-love-redefined b 3241726.html>

Pacific Citizen – Lovingly Holding Space

<http://www.pacificcitizen.org/lovingly-holding-space/>

Marsha Online

For more information about Marsha and *Two Spirits, One Heart* please visit

www.marshaaizumi.com

www.aidenaizumi.weebly.com



www.marshaaizumi.blogspot.com



www.facebook.com/pages/Two-Spirits-One-Heart/150369528331213

Two Spirits, One Heart is AVAILABLE NOW at Amazon.com

http://www.amazon.com/Two-Spirits-One-Heart-ebook/dp/B00FDZA638/ref=tmm_kin_swatch_0?encoding=UTF8&sr=&qid=

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<http://riverdaleavebooks.com/books/3083/two-spirits-one-heart-a-mother-her-transgender-son-and-their-journey-to-love-and-acceptance>

Booking & Contact



*To book an event or interview, contact
Marsha Aizumi.*

Non-Profit Organizations:
\$500 minimum honorarium, excluding
travel expenses. Rate is negotiable.

For-Profit Organizations:
\$2000 minimum honorarium, excluding
travel expenses. Rate is negotiable.

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We hope to hear from you soon!